

• LUNCH •

NIBBLES & SHARERS

Focaccia, balsamic, olive oil...£4.50 (v)(gfo)

Sweet Bell Peppers, stuffed with feta...£5.45 (v)(gf)

Houmous, grissini sticks...£4.50 (v)(gfo)

Pint of Prawns, shell on Atlantic prawns, Marie rose sauce, lemon wedge, granary bread & butter...£15.95 (gfo)

SIGNATURE STARTERS

French Onion Soup, croutons, gruyere cheese...£6.95 (gfo)

Smoked Mackerel & Horseradish Pate, toasted sourdough, beetroot relish...£7.50 (gfo)

Bruschetta, tomato, basil, mozzarella...£7.95 (v)(gfo)

Bresaola, shaved parmesan, wild rocket, chimichurri sauce...£8.50 (gf)

Classic Prawn Cocktail, granary bread and butter...£7.95 (gf)

SIGNATURE MAINS

Harissa Spiced Welsh Pulled Lamb, flatbread, tzatziki, pickled red cabbage, chimichurri, pomegranate...£17.95 (gfo)

Vegan Penang Curry, basmati rice, mango chutney...£12.50 (ve)

Roasted Butternut Squash & Red Onion Tagine, tabbouleh, flatbread, toasted pumpkin seeds...£15.95 (v)(gfo)

100z Welsh Sirloin Steak, gourmet chips, slow roasted tomato...£24.95

add Garlic Butter...£2.50 or Peppercorn Sauce...£2.50

Beer Battered Cod & Chips, mushy peas, tartar sauce...£13.50

Curry of the Week (please ask for details), pilau rice, naan bread, mango chutney...£12.50 (gfo) add onion bhaji...£1.00

100z Welsh Ribeye Steak, gourmet chips, slow roasted tomato...£24.95

SEAFOOD

Pan Fried Tiger Prawns, garlic & parsley butter, rocket garnish, focaccia...£16.95 (gfo)

CROSS GOURMET BURGERS

Classic Double Cheeseburger, mayo, American cheese, tomato, lettuce, onion, tomato relish...£13.95

Chargrilled Tandoori Chicken, onion bhaji, mango chutney, tomato, onion, lettuce, tikka mayo...£13.00 (gfo)

Mexican Vegetable Burger, Monterrey Jack cheese, chipotle BBQ sauce, taco mayo, tomato, onion, lettuce...£12.95

add bacon or jalapenos...£1.00

All burgers served in a floured bun with French fries, and coleslaw

SIDES

Gourmet Chips...£3.50

Buttered Greens...£3.50

Truffle Parmesan Fries...£3.50

Onion Rings...£3.50

Side Salad...£3.00

Creamy Mash

add avocado...£1.00

Potato...£3.00

Garlic & Mozzarella Flatbread...£3.50

All of our dishes are freshly prepared to order, please be patient as some dishes may take longer than others

SANDWICHES

Sandwiches served on Wholemeal or White Bread (Gluten Free Bread Also Available)

Pembrokeshire Crab Sandwich...£12.00 (Subject to availability)

Honey Glazed Roast Ham Salad...£6.95

Welsh Cheddar & Chutney...£6.50

Prawn Marie Rose...£8.95

Welsh Roast Beef & Horseradish...£8.50

PASTA & SALADS

Classic Bolognese, slow cooked beef ragu, tagliatelle, parmesan...£13.50

Spinach & Ricotta Tortellini, roasted tomatoes, mushrooms, pesto, toasted pine nuts, rocket, parmesan...£14.50 (v)

Greek Salad, flatbread tzatziki...£13.95 (v)(gfo)

Classic Chicken Caesar Salad...£12.50

Tabbouleh Salad, avocado, pomegranate, sun blushed tomato...£10.50 add haloumi...£3.50 (v)

All dishes are prepared in a kitchen where products containing nuts, seeds & other allergen are handled and prepared. We may not be able to guarantee our food will not contain traces of a specific allergen. Please be sure to inform us of any allergies or any dietary requirements.

Thankyou. (v) – Vegetarian (veo) – Vegan Option Available (gfo) – Gluten Free Option Available